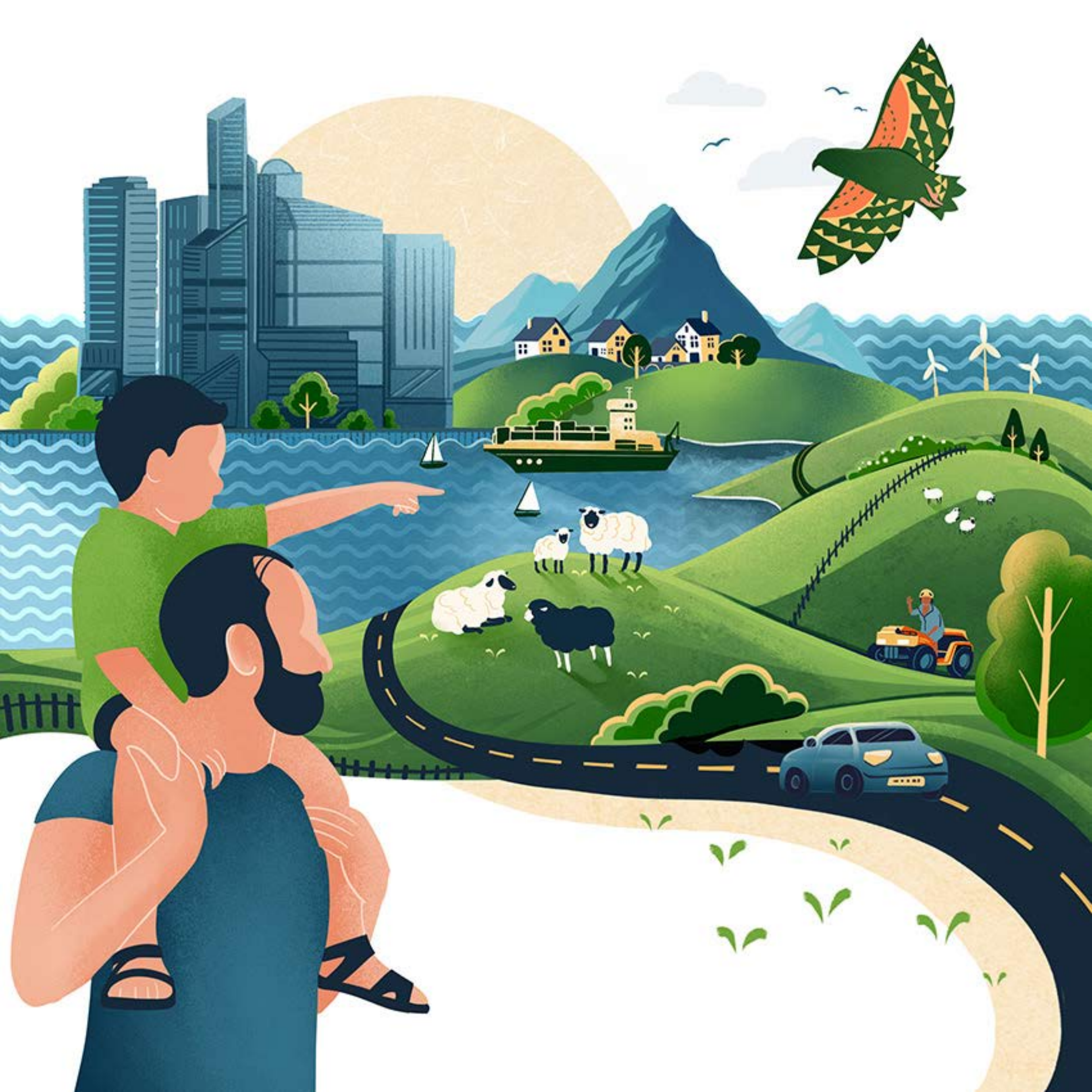




ISOBEL TE AHO-WHITE





















































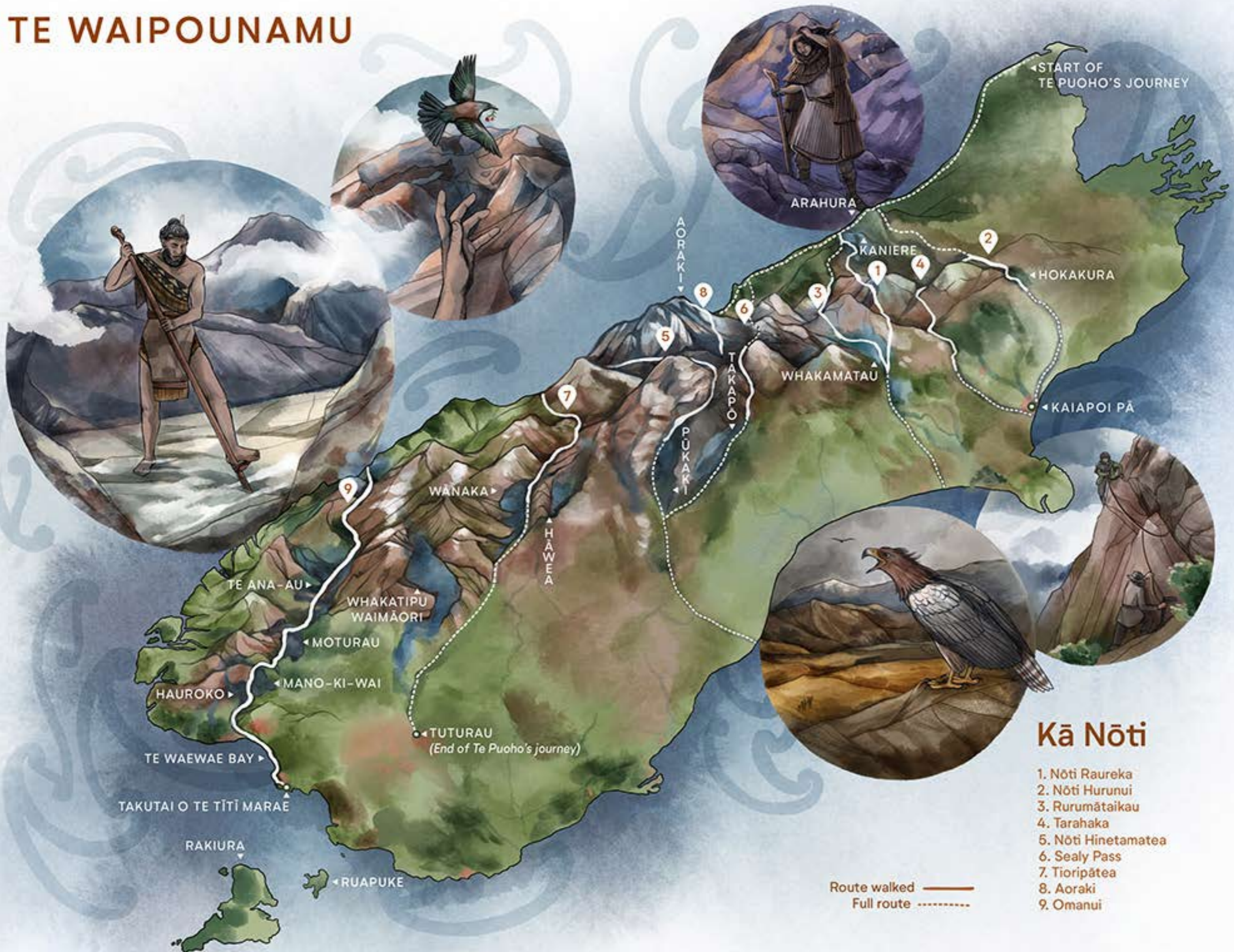








# TE WAIPOUNAMU



## Kā Nōti

1. Nōti Raureka
2. Nōti Hurunui
3. Rurumātaikau
4. Tarahaka
5. Nōti Hinetamatea
6. Sealy Pass
7. Tioripātea
8. Aoraki
9. Omanui

Route walked ———  
 Full route ·····

START OF TE PUOHO'S JOURNEY

ARAHURA

KANIERE

HOKAKURA

1

2

3

4

5

6

7

8

9

WHAKAMATAU

KAIAPOI PĀ

TAKAPO

PUKAKI

WANAKA

HĀWEA

TE ANA-AU

WHAKATIPU WAIMĀORI

MOTURAU

HAUROKO

MANO-KI-WAI

TUTURAU (End of Te Puoho's journey)

TE WAEWAE BAY

TAKUTAI O TE TĪTĪ MARAE

RAKIURA

RUAPUKE



































































